

NAME	DIV	5K	10K	PACE	TIME
Michael Besl	M 25-29	19:45	39:31	6:19	58:42
Steven Ray	M 55-59	21:48	40:16	7:08	1:06:15
Michiyo Kawasaki	F 35-39	23:21	46:58	7:36	1:10:41
David Laroy	M 45-49	25:58	52:14	8:25	1:18:16
Carrie Beckman	F 40-44	26:25	52:54	8:33	1:19:29
Julie Evans	F 50-54	28:08	54:34	8:37	1:20:02
Yuka Sakumoto-Schmidt	F 25-29	28:01	57:03	9:04	1:24:16
Mark Sackett	M 70-74	27:50	56:21	9:05	1:24:25
Dan Keck	M 55-59	28:59	57:22	9:12	1:25:30
Laurie Lefton	F 45-49	28:45	57:49	9:15	1:25:58
Michael Smith	M 50-54	29:35	59:02	9:19	1:26:36
Victor Arredondo	M 45-49	29:12	57:48	9:19	1:26:39
Margie Hartzel	F 60-64	29:02	59:01	9:32	1:28:36
Amy Lamborg	F 55-59	34:28	1:07:55	10:25	1:36:50
Tim Duever	M 45-49	33:38	1:05:39	10:25	1:36:51
Kevin Baum	M 55-59	32:34	1:06:09	10:48	1:40:26
Dan Lewis	M 35-39	33:48	1:08:10	10:55	1:41:30
Kali Boecher	F 45-49	33:10	1:07:45	11:01	1:42:26
Summer Elliott Rackley	F 35-39	32:40	1:07:35	11:05	1:43:01
Rick Gibbs	M 45-49	33:24	1:07:44	11:12	1:44:05
Tara Grigsby	F 45-49	33:12	1:07:56	11:13	1:44:12
Steve Winchester	M 50-54	34:06	1:09:21	11:15	1:44:33
Therese Saylor	F 45-49	34:21	1:10:35	11:26	1:46:13
Mark Powers	M 45-49	34:38	1:10:29	11:31	1:47:06
Tom Sutton	M 65-69	37:56	1:14:44	11:42	1:48:48
Jerry Yeatts	M 55-59	35:32	1:12:04	11:43	1:48:58
Terri Calla	F 35-39	34:19	1:11:24	11:52	1:50:15
Larry Dommer	M 65-69	36:39	1:14:31	12:14	1:53:41
Julie Frazee	F 35-39	40:31	1:21:58	13:01	2:01:01
Lynda Jackson	F 55-59	44:41	1:27:48	13:28	2:05:06
Robert Johnson	M 70-74	41:41	1:24:55	13:45	2:07:47
Jody Tsevat	F 60-64	43:34	1:27:43	13:58	2:09:47
Dennis Timberlake	M 55-59	44:21	1:27:54	14:02	2:10:23
Rob Meihaus	M 65-69	45:16	1:30:46	14:38	2:15:59
Alvin Denenberg	M 70-74			14:38	2:16:02
Tim Breen	M 65-69	45:00	1:31:25	14:54	2:18:31
Carolyn Brinkmann	F 50-54	47:34	1:35:29	15:18	2:22:11
Karen Lipscomb	F 60-64	47:02	1:36:26	15:34	2:24:39
Larry Hurd	M 65-69	49:38	1:38:56	16:01	2:28:54
Elizabeth Sabo Johnson	F 55-59			17:32	2:42:56