

| PLACE | NAME | DIV | DIV PL | SWIM | TRN1 | BIKE | TRN2 | RUN | TIME |
|-------|-----------------|-----|--------|-------|------|---------|------|------|---------|
| 1 | Dan Martin | | 1/2 | 28:56 | 1:18 | 1:10:37 | 0:36 | 0:14 | 1:41:38 |
| 2 | Chris Schneider | | 2/2 | 29:31 | 1:37 | 1:14:44 | 0:55 | 0:14 | 1:46:58 |
| 3 | Jim Blue | | 1/1 | 39:11 | 1:25 | 1:10:53 | 0:33 | 0:19 | 1:52:19 |
| 4 | Bruce Dart | | 1/1 | 27:11 | 1:52 | 1:25:30 | 0:48 | 0:13 | 1:55:32 |
| 5 | Bryony Keeble | | 1/1 | 27:36 | 3:51 | 1:40:27 | 1:56 | 0:25 | 2:14:12 |
| 6 | Amanda Long | | 1/2 | 36:26 | 1:51 | 1:37:17 | 0:47 | 0:17 | 2:16:36 |
| 7 | Andy Nickel | | 1/1 | 38:46 | 2:56 | 1:34:53 | 0:50 | 0:16 | 2:17:39 |
| 8 | Kit Cudmore | | 2/2 | 34:40 | 2:44 | 1:42:11 | 0:53 | 0:18 | 2:20:44 |