

# FINISHER CERTIFICATE

RENTON, WA

APRIL 15, 2018



# SEAHAWKS

## 12K RUN

AT **THE** LANDING

**NAME:** Helena Chavez Plemons

**FINISHING TIME:** 31:46

**OVERALL PLACE:** 227th

**DIVISION:** F 40-49

**DIVISION PLACE:** 18/323

**GENDER PLACE:** 81/1173

**AVERAGE PACE:** 10:14

*The Landing in Renton*  
The Landing in Renton

**THE LANDING**