

# '13 LITTLE ROCK 10K

proudly presented by

**LittleRock**  
CITY LIMITLESS

*This document certifies that*

**Cynthia Lammert**

*has completed the 2013 Little Rock 10K  
certified distance on March 3, 2013 in a time of*

**1:14:36**



Executive Directors



LITTLE ROCK  
Parks & Recreation